



SHOW YOUR LOVE. ENCOURAGE BETTER HEALTH.

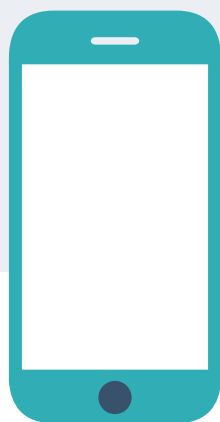
1 in 3 Americans is at risk for developing type 2 diabetes. Those you love may be at risk. This Diabetes Alert Day®, share your why for healthy living with family and friends, and encourage them to take the risk test at doihaveprediabetes.org.

**Not sure how to bring up type 2 diabetes risk to your loved ones?
Try one of these suggestions.**

Give them a ride



Call or text them



Bring them to class



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PREVENTION
 **PROGRAM**

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